



Middle and High School Programming

Schools have hundreds of programming and strategy options, but here is an example of what a Platinum Level school's programming might look like for a middle school 6-8 Building with 1000 students (350 8th graders, 325 7th graders, 325 6th graders)—similar programming could be used for high school students.

Completing a building survey	Student Program/Strategy	Parent/Guardian Program/Strategy	Staff Program/Strategy	Student-Risk Screener	Peer to peer Engagement program/strategy	Revising School Policy	Participating in a Community Partnership	Strategic Prevention Plan	Prevention Training
<p>Ohio's K12 Prevention Self Assessment tool required at this level</p> <p>Complete OHYES! survey with 7th and 8th graders</p>	<p>Implement Signs of Suicide, suicide prevention curriculum with 8th grade students (50 minute classroom session).</p> <p>Implement Botvin's LifeSkills Training for 6th graders (15-45-minute classroom sessions)</p> <p>Implement the HOPE opioid prevention curriculum for 6th-8th grade (4-50 minute classroom sessions)</p> <p>Implement Catch My Breath Vaping Curriculum with 6th-8th grade students.</p>	<p>Host a two-hour QPR Gatekeeper suicide prevention training</p> <p>Host a one-hour "How to Talk to Your Kids About Drugs" session</p> <p>Host a one hour self-care training</p> <p>Implement the Teen Modules of the Positive Parenting Program with parents.</p>	<p>Conduct a two-hour QPR Gatekeeper suicide prevention training</p> <p>Conduct the MCEC's "More Calm Less Chaos" training</p> <p>Conduct a six-hour Youth Mental Health First Aid training for staff)</p> <p>Conduct the MCEC's Restorative Practices Training</p>	<p>SBIRT screening (Screening, Brief Intervention, Referral to Treatment) for 6th and 7th and 8th grade students.</p>	<p>Teach students in 7th and 8th grade health classes about the "A Friend Asks" App as a way of seeking help for friends who are struggling.</p> <p>Work with the Youth to Youth International Youth Engagement Coordinator to Begin a youth-led prevention group with interested students and appointing a staff member as a youth advisor.</p> <p>Implement a HOPE Squad for all 6th-8th grade students</p>	<p>Revise the student substance policy to refer students to the Prime for Life substance misuse prevention program in lieu of suspension.</p> <p>Revise, revisit, or develop a suicide postvention plan for your school to determine the protocol and procedures in the event of a suicide in the school community</p>	<p>Have staff participate in events and meetings of the Montgomery County Prevention Coalition. This group works to incite positive community change regarding youth drug and alcohol use.</p>	<p>Analyze available survey, screening, and other available data to set at least one prevention programming goal and achieve the goal by the end of the school year.</p>	<p>Complete the Montgomery County ESC's 1 hour prevention science training</p>