



Middle and High School Sample Programming

Schools have hundreds of programming and strategy options, but here is an example of what a Silver Level school's programming might look like for a middle school 6-8 Building with 1000 students (350 8th graders, 325 7th graders, 325 6th graders)—similar programming could be used for high school students.

Completing a building survey	Student Program/Strategy	Parent/Guardian Program/Strategy	Staff Program/Strategy	Student-Risk Screener	Peer to peer Engagement program/strategy	Systems or school policy change	Prevention-Specific Plan	Prevention Training
Ohio's K12 Prevention Self Assessment tool required at this level	<p>Implement Signs of Suicide, suicide prevention curriculum with 8th grade students (50 minute classroom session).</p> <p>Implement Botvin's LifeSkills Training for 6th graders (15-45-minute classroom sessions)</p>	<p>Host a two-hour QPR Gatekeeper suicide prevention training</p> <p>Host a one-hour "How to Talk to Your Kids About Drugs" session</p>	<p>Conduct a two-hour QPR Gatekeeper suicide prevention training</p> <p>Conduct the MCEESC's "More Calm Less Chaos" training.</p>	Conduct SBIRT screening (Screening, Brief Intervention, Referral to Treatment) for 6 th grade students.	Teach students in 7 th and 8 th grade health classes about the "A Friend Asks" App as a way of seeking help for friends who are struggling.	Revise the student substance policy to refer students to the Prime for Life substance misuse prevention program in lieu of suspension.	Consider available data sources and analyze data to make prevention programming decisions.	Complete the Montgomery County ESC's 1 hour prevention science training